***“Letter to Self”* Assignment Sheet**

Why are we writing these letters?

1. To provide a record of who you are now toward the end of senior year.
2. To anchor in time your current views, attitudes, philosophy, and outlook
3. To explore your feelings and opinions about a variety of issues
4. To create a document that, we can mail to you in the future (5-10 years), you will be able to look back and see how you have grown and matured throughout the year.

**\*\*Special note: Remember there is a difference between personal and private. Personal means that it is something special and means a lot to you and private means that you don’t want anyone else to know.\*\***

**If you choose to type it - Typing Requirements:**

* Font Size: 12
* Font: Arial or Times New Roman
* Spacing: 1.5
* Margins: 1 inch on all sides
* Signature and date Envelope with your “permanent mailing address”

**Free hand**

* Signature and date
* Envelope with your “permanent mailing address”

**The seven parts of the “Letter to Self” are (please label each part):**

1. **ME, NOW:** my hopes, fears, dreams, intentions, goals, problems, concerns, likes, dislikes, joys, frustrations; what I like about myself; what I don’t like about myself; what I’m proud of; what I think about; what bothers me; who I am, etc.
2. **MY WORLD:** a description of my home, bedroom, school, neighborhood, town; my favorite places to go; chores, allowance, pet(s), possessions, clothes, religion, current events; FAVORITES – books, music groups, movies, TV, etc.
3. **WHAT I DO:** my hobbies, pastimes, sports, school activities; what I do when I’m alone; what I do with friends; favorite snacks and foods; chores; how I spend my weekends and vacations; special activities I do, organizations I belong to, etc.
4. **PEOPLE IN MY LIFE:** my family, siblings, aunts & uncles, grandparents, friends, best friend(s), teachers, people I’ve dated, current significant other, who I like, people I’d like to know better, people I admire and respect, important people in my life. Who and why have these people have made an impact in my life?
5. **MY PAST:** where I was born, where I lived, growing up, childhood accidents, childhood memories, and schools I attended, previous pets, trips I’ve taken, important events in my life so far, former friends, former teachers, teams I played on, previous romances, etc.
6. **MY Possible CAREER (My dreams of being a teacher!):** As a Spanish teacher, how have you concluded that this is what you would be best at? What do you consider to be your strengths and weaknesses? What do you plan on accomplishing to
7. **MY FUTURE:** predictions, what I want to do, my long range intentions, what I’m looking forward to; what I’m dreading; my goals, my hopes and fears for the world; summer vacation, college, marriage, employment, parenthood etc. think of the moment that you will be opening up this envelope, what is the message you have for your future self?

**NOTE:** In doing this “Letter to Self,” you should have three total paragraphs. You may also want to write about something important to you that wasn’t mentioned above. Create your own categories. This “Letter To Self” is for you, and it should deal with the elements and aspects that are important and real in your life – the good, the bad, and the ugly! The more honest you are with yourself, the more you will appreciate and value your LTS in years to come.

**Your completed (and graded) “Letter to Self” will be returned to you in the future. No one will read your LTS, except you (and me) and those you choose to share it with. Have fun! Write extensively!! Create something memorable that captures your life today and who you are. You will get out of this assignment what you put into it. Remember to take pride all that you have accomplished and your positive attitude of what’s to come!**